

**Worshipping, Caring, Pioneering
'Growing God's Kingdom'**



**Sunday worship and weekly news
8 August 2021**

TRINITY 10



Our readings today invite us to reflect on what it means to believe in Jesus. In our Gospel reading we hear Jesus say, 'Very truly, I tell you, whoever believes has eternal life'. But what does

believe mean? We see later in the Gospel reading that to accept Jesus, the bread of life, is the affirmation of belief. We receive Jesus through prayer, worship, Scripture, and through receiving Holy Communion.

St Paul continues in the letter to the Church in Ephesus to talk about the importance of how we live our lives as Christians. Through our belief in Jesus, we experience his love and forgiveness, and we are called to reflect that to the world. We are called to be kind to one another and tender-hearted (what a lovely phrase) and to put away bitterness and anger. This is not always easy, but our belief in Jesus inspires us to be more like him.

Rachel

Today's service will not be on You Tube

After faithfully serving the benefice, particularly during Covid, Hans Rackham is taking a well-deserved holiday so today's service will not be available on You Tube.

We pray in hope and expectation normal service will resume next week.

To protect everyone,

Please wear a face mask.
Sanitise your hands as you enter
Observe sensible social distancing indoors, and ...
You can now sing if you wish, but you must be wearing a mask.

Although restrictions are easing...

Covid is still with us. If we are to continue to see a reduction in the effect Covid is having on us we ask you to voluntarily stay at home if you feel unwell.

Order of Service

Jesus is the LIVING bread



Processional Hymn

I am the bread of Life;

He who comes to me shall not hunger,
He who believe in me shall not thirst.

No one can come to me
Unless the Father draw him.

*And I will raise him up,
I will raise him up,
I will raise him up*

On the last day.

The bread that I will give
Is my flesh for the life of the world
And he who eats of this bread,
He shall live for ever, he shall live for ever.
Chorus

Unless you eat
Of the flesh of the Son of man
And drink of his blood,
And drink of his blood,
you shall not have life within you
Chorus

I am the resurrection,
I am the life.
He who believes in me,
Even if he dies, he shall live for ever
Chorus

Yes, Lord I believe
That you are the Christ,
The Son of God.
Who has come into the world.
Chorus x 2

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Prayer for Today

Lord of heaven and earth,
as Jesus taught his disciples to be persistent in prayer,
give us patience and courage never to lose hope,
but always to bring our prayers before you;
through Jesus Christ our Lord. Amen

Ephesians 4 Rules for the New Life

²⁵ So then, putting away falsehood, let all of us speak the truth to our neighbours, for we are members of one another. ²⁶ Be angry but do not sin; do not let the sun go down on your anger, ²⁷ and do not make room for the devil. ²⁸ Thieves must give up stealing; rather let them labour and work honestly with their own hands, so as to have something to share with the needy. ²⁹ Let no evil talk come out of your mouths, but only what is useful for building up, as there is need, so that your words may give grace to those who hear. ³⁰ And do not

grieve the Holy Spirit of God, with which you were marked with a seal for the day of redemption.³¹ Put away from you all bitterness and wrath and anger and wrangling and slander, together with all malice,³² and be kind to one another, tender-hearted, forgiving one another, as God in Christ has forgiven you.

Ephesians 5

Therefore be imitators of God, as beloved children,² and live in love, as Christ loved us and gave himself up for us, a fragrant offering and sacrifice to God.

Prayer: Lord in all we think and do and say, help us to show love for each other as your beloved children. Amen

Psalm 130

Waiting for the Redemption of the Lord

1 Out of the depths have I cried to you, O Lord; Lord, hear my voice; let your ears consider well the voice of my supplication.

2 If you, Lord, were to mark what is done amiss, O Lord, who could stand?

3 But there is forgiveness with you, so that you shall be feared.

4 I wait for the Lord; my soul waits for him; in his word is my hope.

5 My soul waits for the Lord, more than the night watch for the morning, more than the night watch for the morning.

6 O Israel, wait for the Lord, for with the Lord there is mercy;

7 With him is plenteous redemption and he shall redeem Israel from all their sins.

Prayer: Father, we commend to your faithful love those who are crying from the depths; help them to watch and pray through their time of darkness, in sure hope of the dawn of your forgiveness and redemption; for Jew and Gentile, through Jesus Christ our Lord.

John 6

³⁵ Jesus said to them, 'I am the bread of life. Whoever comes to me will never be hungry, and whoever believes in me will never be thirsty.'



⁴¹ Then the Jews began to complain about him because he said, 'I am the bread that came down from heaven.' ⁴² They were saying, 'Is not this Jesus, the son of Joseph, whose father and mother we know? How can he now say, "I have come down from heaven"?' ⁴³ Jesus answered them, 'Do not complain among yourselves. ⁴⁴ No one can come to me unless drawn by the Father who sent me; and I will raise that person up on the last day. ⁴⁵ It is written in the

prophets, "And they shall all be taught by God." Everyone who has heard and learned from the Father comes to me.⁴⁶ Not that anyone has seen the Father except the one who is from God; he has seen the Father. ⁴⁷ Very truly, I tell you, whoever believes has eternal life. ⁴⁸ I am the bread of life. ⁴⁹ Your ancestors ate the manna in the wilderness, and they died. ⁵⁰ This is the bread that comes down from heaven, so that one may eat of it and not die. ⁵¹ I am the living bread that came down from heaven. Whoever eats of this bread will live for ever; and the bread that I will give for the life of the world is my flesh.'



Prayer: Our Father in heaven, thank you for drawing us to Your Son Jesus who alone brings us eternal Life. Amen

Reflection from Rev'd Rachel

For the third Sunday in a row, we have a Gospel reading about bread. First, we heard how 5,000 people were physically fed with very little food... one loaf per 1,000 people, and there were leftovers! Last week and this, Jesus explains that he is the true bread, the Bread of Life. This meets with a mixed response we hear. Last week, the people were keen for the bread, although maybe didn't quite understand what Jesus was talking about. This week there is consternation because Jesus is an ordinary person, born to an ordinary couple, from that very town – how can he be anything special? How can he come from heaven? How can he provide everything that is needed for eternal life?

The people had pre-conceived ideas about who would count as extraordinary. They had already made assumptions about what the Messiah they were waiting for would be like. It's easy for us to scoff about this, but I wonder if we too have assumptions about who Jesus might speak to us through, who Jesus might use in his mission here today. Or perhaps we view ourselves as too ordinary for Jesus to do amazing things through, maybe we're waiting for that extraordinary person to turn up.

Throughout the Bible we hear about ordinary, even unlikely, people being used by God for phenomenal purposes. Abraham was thought to be too old, Isaac to be a daydreamer, Moses had a stutter, Naomi a widow living in poverty, Jonah ran away, Martha worried and was over-busy, Zacchaeus was small... to name just a few! God chose them and worked through them, just as God wants to work through us today, here in Tuffley and Whaddon. Together we can be part of bringing God's Kingdom here if we believe in Jesus and receive him as the true living bread of our lives.

We declare together our commitment to faith:

**We believe in one God, the Father, the Almighty
maker of heaven and earth, of all that is, seen and
unseen.**

**We believe in one Lord, Jesus Christ, the only Son
of God, eternally begotten of the Father,**

**God from God, Light from Light, true God from
true God, begotten, not made; of one Being with
the Father; through him all things were made.**

**For us and for our salvation, he came down from
heaven was incarnate from the Holy Spirit and
the Virgin Mary and was made man.**

**For our sake he was crucified under Pontius
Pilate; he suffered death and was buried.**

**On the third day he rose again, in accordance
with the scriptures; he ascended into heaven, and
is seated at the right hand of the Father. He will
come again in glory, to judge the living and the
dead and his kingdom will have no end.**

**We believe in the Holy Spirit, the Lord, the giver
of life who proceeds from the Father and the Son
who with the Father and the Son is worshipped
and glorified who has spoken through the
prophets.**

**We believe in one holy catholic and apostolic
church. We acknowledge one baptism for the
forgiveness of sins. We look for the resurrection of
the dead and the life of the world to come.**

Intercessions from Susan Scothern



Holy Father, we pray for our churches of St George and St Margaret. We ask that your vision for our churches may be clear to all, that you will give wisdom to Rachel, the PCCs, churchwardens and all who are in positions of leadership to guide us in the direction you are calling us and that we may all have the courage to step out in faith on that way. We ask that all who come into contact with our churches, whether for marriage, christening or in Messy Church may grow aware that you are at work here and wish to become involved.

Gracious Lord, we pray for our nation and its leaders. May they make their decisions based on wisdom and humility, not seeking to serve only one section of society but looking to provide a benefit to all from strongest to weakest. We remember those who are still affected by the pandemic, whether by illness,

lost income, or emotional stress, and pray for those who are working to help them. We think especially of children and young people, who have lost out on so much over the last year and a half.

Loving Lord, we pray for ourselves. We bring before you the week which is to come, asking for your guidance when we need to make decisions, your courage when faced with difficult problems, and your peace when dealing with sadness and broken hopes. We bring before you our friends and family who are unwell at this time, asking for healing for them and that they may be aware that you are with them in their own situations. We remember those who mourn, whether through recent death or the anniversary of a death and ask for your comfort for them in their current grief.

Offertory Hymn

Tell out, my soul, the greatness of the Lord!

Unnumbered blessings, give my spirit voice;
Tender to me the promise of his word;
In God my Saviour shall my heart rejoice.

Tell out, my soul, the greatness of his Name!
Make known his might, the deeds his arm has done;
His mercy sure, from age to age the same;
His holy Name, the Lord, the Mighty One.

Tell out, my soul, the greatness of his might!
Powers and dominions lay their glory by.
Proud hearts and stubborn wills are put to flight,
The hungry fed, the humble lifted high.

Tell out, my soul, the glories of his word!
Firm is his promise, and his mercy sure.
Tell out, my soul, the greatness of the Lord
To children's children and for evermore!

Timothy Dudley-Smith (born 1926) © administered by Oxford University Press

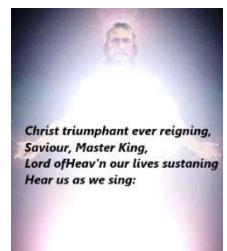
After the Rev'd Rachel says to us all: "the body and blood of Christ keep you in eternal life", we all respond **Amen**.

A steward will guide you forward.
We each receive a wafer dipped in wine.
We receive Communion in silence with arms outstretched.
Please maintain Social distance at all times.

Final Hymn:

**Christ triumphant ever
reigning,**

Saviour, Master, King,
Lord of heav'n, our lives sustaining,
Hear us as we sing:
*Yours the glory and the crown,
The high renown,
The eternal name.*



Word incarnate, truth revealing,
Son of Man on earth!
Power and majesty concealing
By your humble birth:
Chorus

Suffering servant, scorned, ill-treated,
Victim crucified!
Death is through the cross defeated,
Sinners justified:
Chorus

Priestly king, enthroned for ever
High in heaven above!
Sin and death and hell shall never
Stifle hymns of love:
Chorus

So, our hearts and voices raising
Through the ages long,
Ceaselessly upon you gazing,
This shall be our song.
Chorus

Michael Saward © Jubilate Hymns

WHAT TO DO for THIS WEEK:

- ❖ Keep bringing items for the Foodbank; new collection point is the Church Centre hallway on a Friday morning from 9.30am – 11.30am.

The Foodbank are in **URGENT NEED OF:-**
any Tinned FRUIT, DEODORANT, SHAMPOO,

In addition, they need donations of Tinned Fish, Tinned Spaghetti, Tinned Vegetables, Tinned Tomatoes, Tinned Potatoes, Jars of Pasta Sauce, Single Toothbrushes, Toothpaste, Toilet Rolls, Bars of Soap. Toilet Rolls, Nappies (Sizes 6 & 6+ only)

Please note they have an abundance of:-

Baked Beans, Dry Pasta, Dry Spaghetti and Tea.
Thank you!

Know someone who:

- ❖ is stuck at home without support?
- ❖ can't make ends meet?
- ❖ Just wants to talk?

Then **Contact Gloucestershire Community Help Hub on 01452 583519**

Keep picking up the phone!

People are finding phone calls with friends invaluable to combat loneliness. Thank you everyone; please keep up the good work!



CONTACTING US:

Vicar: Rev'd Rachel Beck	01452 520851
Email: revrachelbeck@gmail.com	07753 389865
Reader: Jonathan MacKechnie-Jarvis	01452 502174
Website: www.glos-stg-stm.org.uk	
Facebook: St. George's, Tuffley and St Margaret's Whaddon	
Administrator: Glenda Stevens	01452 307456
Email: stgeorgeschurch1@gmail.com	

The Administration office is open on Friday mornings from 9.30am until 11.30am until further notice. Please contact the Church Administrator by email or leave a message on the office telephone and our Administrator will get back to you.

We are part of the **Church in Tuffley**, working in partnership with English Martyrs (Roman Catholic), Grange (Baptist) and St Barnabas (Anglican).



News 8 -15 August

In Memoriam:

**Cecil Yapp RIP, Janet Raybould RIP,
Dennis John Vincent RIP.**

We pray for all who are ill or in need at this time mentioning by name:

Margaret, Angela, Susan, Mike and Laura, Lynne, Bill, Pat, Daphne, Rosemary, Carol, Angela, Bert Margaret and Mark, Phil.

Banns of Marriage:

2nd calling at St George's of Edward James Williams & Henrietta Frances Louise Leonard

Anniversaries of Death:

Brian Stait, Barbara Pearce, Noel Willetts, Mary Bullard, Pat Limbrick, Diana Bucza, Mary Iles, Elizabeth Hyett, Jason Clark, Joan Evans, Tyson Peglar.

Birthdays and Anniversaries:

None that we know of this week

If you would like your birthday or anniversary mentioned in Signpost, please let Glenda know.

ROBINSWOOD HILL SUMMER EVENTS PROGRAMME

Minibeasts and Woodland Wildlife Family Event Be a Wildlife Super Hero

Monday 9 August 2021 from 11.00am until 3.00pm
Come and learn about and sample different ways you can take action for nature.

All about birds

Thursday 12 August 2021 from 11.00am until 3.00pm
Booking is essential – learn about our native birds and make your own bird table

CiT 'Litter Pick' – 14th August at 11.30am Meeting at English Martyrs Car Park

CiT Picnic at English Martyrs

Sunday 22 August at 2.00pm
This will be a shared meal so no charge
Everyone will be asked to book in advance
Sign-up sheets will be held by David Westcott and Lorraine Best
Everyone welcome...especially children

DIARY DATES

TRINITY 10			
Sun 8	9.00am	St M's	Parish Communion
	10.30am	St G's	Parish Communion Crucifer: Roger Readers: Dot/Sylvia C Intercessions: Susan
Wed 11	8.15am	Z	Morning Prayer
	3.30pm	MH	Slimming World Sessions
Thu 12	10.30am	St M's	Parish Communion
Fri 13			September/ October Crossroads' deadline
Fri 13	4.00pm	St M's	Wedding service for Ian Maysey & Kim Porter
Sat 14	11.30am		Church in Tuffley 'Litter Pick'
Sun 15			BLESSED VIRGIN MARY / TRINITY 11
	10.30am	St G's	Parish Communion Crucifer: Sylvia C Readers: David/Susan Intercessions: Derek
	12.30pm	St G's	Baptisms of Kash-James Morley & Lainey-Marie Morley
	5.00pm	St M's	Evensong

**St G's = St George's St M's = St Margaret's
MH = Main Hall of Centre Z = Zoom**

We need your feedback on your views about Signpost.

Each week the church provides copies of Signpost which contain the scriptures, 3 hymns, intercessions and the Minister's reflection on their sermon, as well as items of news.

Prior to Covid hymns, intercessions and reflection were not included in Signpost.

So, we are asking for your views:

Do we retain the hymns, intercessions and reflection in Signpost or not?

Please let your views be known, during August, either in person or by email to: -

Rev'd Rachel; revrachelbeck@gmail.com
Linda Medwell; linda47medwell@virginmedia.com
or Pete Best; petebest@blueyonder.co.uk

Tea or Coffee after the Service?

It has been a long time since St George's have had tea or coffee after the service allowing friends to socialise.

Now Covid restrictions are easing St George's will be providing tea or coffee should you wish to stay and fellowship.